

Hopeful Horizons

Welcome to our Winter Newsletter!



Dutchess County's Stabilization Center Among New York's First Licensed Supportive Crisis Stabilization Centers

Poughkeepsie, NY ... Dutchess County's first-of-its-kind Stabilization Center, a partnership between the Dutchess County Department of Mental Health (DCDMH) and People USA, recently became one of the first Supportive Crisis Stabilization Centers licensed by the New York State Office of Mental Health (NYS OMH) and the State's Office of Addiction Services and Supports (OASAS), further solidifying the facility as a model to be emulated and duplicated throughout the state and beyond.

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HOPEFUL MOMENTS

Transition of Care

HOPEFUL HAPPENINGS

Year in Review

Over the past couple of months, in Glens Falls, the Transition of Care Specialists have been working with a homeless veteran suffering from PTSD, and ADHD.

In addition to being homeless, he also had no source of income. In the beginning, the man was very hesitant, not trusting of anyone, and acting very guarded.

The staff did not let that discourage them and kept working on building a trusting relationship. Over time, the staff was able to get him onto the SPOA list and have started the process of helping him apply for disability.

He now has access to SNAP benefits, and reports that instead of feeling hopeless and angry, he now feels hopeful and happy

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People USA's staff have been presenting and sharing their expertise throughout the year. Some examples are:

- CEO, Steve Miccio, Chief Operating Officer, Kimberly Wing; and Chief Strategy & Development Officer, Himali Pandya participated in the 2024 Global Leadership Exchange in the Netherlands.
- Keynote speaker at the 2024 PAPSC Conference
- Keynote speaker at the 2024 CIT Internal Conference.

Our community events:

- Wellness Wednesday Workshops
- Juneteenth BBQ
- Annual Breakfast
- Mindful Monday

Keep up with People USA by following us on social media.

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HERE'S HOW YOUR GIFT CAN MAKE A DIFFERENCE



\$10 Can provide a warm *hat and gloves* to our participants braving the cold.



\$25 Can supply a full *cold weather care package*—hat, gloves, scarf, socks, hand warmers—to keep someone safe this winter.



\$50 Can help connect someone to a *support group, healthcare provider, rehab*, or shelter, giving them the support they need.



\$100 Can help someone *create a resume, explore career options, and search for jobs*—empowering them to regain independence.

Happy Holidays, we'd be thankful for your support!

This holiday season, your generosity can go **twice as far!** For the month of December, our community partner NFP is matching all donations up to \$2,500. Your gift will help People USA provide lifesaving mental health services to those in crisis. Together, we can bring hope and healing to even more people in need. Donate today!

[Donate](#)



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